

# THE TOP 5

ENERGY  
CONSUMERS  
IN YOUR HOME

#5

# REFRIGERATORS

- Check the seals (door gaskets) to make sure they are airtight. You can test the seal's strength by inserting a piece of paper and closing the door. If you pull on the paper and it slides out easily, you should replace the seal.
- Clean the coils on your refrigerator twice annually to maximize efficiency.
- Don't overload your fridge – but keep it full! Well-stocked refrigerators and freezers work more efficiently than empty ones.



# LIGHTING

- Consider switching to LED bulbs to reduce energy consumption.
- Turn off the lights when you leave a room.
- Rely on outdoor/natural light when possible.

#3

# WASHERS & DRYERS

- Wash and dry full loads only!
- Wash with cold water when possible.
- Use drying racks or hangers to dry clothing (and extend the life of your clothes!).



# **WATER HEATERS**

- Turn down the temperature on your water heater.
- Take showers instead of baths.
- Consider turning off your water heater when going on vacation.

#1

# HEATING & COOLING (HVAC)

- Adjust the temperature on your thermostat by a few degrees – especially at night or when you are away – so that your unit runs less.
- Use ceiling fans. Remember, counterclockwise in the summer and clockwise in the winter!
- Clean and replace your air filters regularly.